

THP 272 - 75885 Introduction to Stage Movement
M/W 10:30-11:45am, fall '22
FAC 231

Instructor: Clara Kundin, Graduate Student

Office Hours: 12-1pm Wednesdays **by appointment** in the Lyceum Theater lobby

Class Zoom: <https://asu.zoom.us/j/6266808382>

Email: ckundin@asu.edu

Course Catalog Description:

“Movement vocabulary and physical training in relaxation, alignment, conditioning, and stage presence. Application to performance.”

Covid-19 Protocol:

You are part of the learning community in this course and expected to engage with the material, discussion and activities with care and integrity, and to respect the rights of others in carrying out all academic assignments and classroom discussions. Part of the responsibility for that community learning is the health and wellbeing of others. As such, we will follow all ASU policies and recommendations on masking. The vaccine, booster, and regular testing are the best protection against COVID-19 in reducing serious illness, hospitalization, and the spread of the virus. The university continues to strongly recommend that everyone get vaccinated, and ASU continues to provide vaccines free of charge to students and employees.

Requirements:

1. Dress in all black clothes for movement. We will work in bare feet.
2. On time attendance and participation. You have two excused absences. If you are feeling ill or have to quarantine due to Covid, you may attend class via Zoom if you are well enough. Additional absences need to be approved by the instructor and may require make-up work to receive points for the day.
3. If you miss a class, it is your responsibility to obtain and complete any assignments.
4. Outside of class rehearsal time is required.

Assignments:

1. Regular class readings and viewings
2. A brief survey. **Due Aug 24**
3. Attend both fall MDT Mainstage shows and two professional performances
4. You will need to have a memorized monologue prepared by **Oct 24**
5. Five performance projects:
 - a. The Journey
 - b. Flower Performance

- c. Element Monologue
 - d. Object Performance (solo or duet)
 - e. Embodied Monologue Final
6. Weekly discussion posts

Objectives:

1. Increase perception, range, clarity, and control of physical movement.
2. Demonstrate foundational knowledge of a variety of movement styles including Lecoq, Butoh, Viewpoints, Laban, and more.
3. Demonstrate an awareness of the connection between the body, voice, and performance.
4. Demonstrate the ability to observe and analyze the performance of others and to recreate movement patterns.

Content Note:

This is a movement class and will require you to move your body each day. It is your responsibility to come to class warmed up and ready to move. Many exercises will require students to partner and engage in physical touch as well as to comment on the movement of peers. We will engage in training on how to do both safely and appropriately. If you are not comfortable with any touch, it will be difficult to fully engage with the course material. I will take into account any physical limitations or boundaries you share with me. As a reminder, feeling uncomfortable is not the same as feeling unsafe. I encourage you to challenge yourself with your work in a way that is within your boundaries and physical abilities.

Grading System:

1. Attendance and punctuality: 50 points
 - a. Each day of class is worth 2 points. An unexcused absence will result in a loss of the day's points. Early or late departure will result in a loss of 1 point.
 - b. For an absence to be excused, you must email the instructor in advance (if possible). Beyond two excused absences, you must submit make-up work to receive points for the day. I allow a maximum of two excused absences except for extenuating circumstances.
2. Preparation and performance: 100 points
 - a. The Journey = 10 points
 - b. Flower Performance = 10 points
 - c. Element Monologue = 25 points
 - d. Object Performance = 25 points
 - e. Embodied Monologue = 30 points

*Projects are judged on artistic quality, effort, preparation, growth, and incorporation of class concepts and instructor feedback.
3. Discussion posts, survey, and reflections: 100 points

- a. Intro Survey = 5 points
- b. Five performance reflections = 25 points (5 each)
- c. Weekly discussion posts = 70 points (5 each)
 - i. You may miss one discussion post.
- 4. Extra Credit
 - a. Perfect Attendance = 4 points
 - b. Extra discussion post = 5 points

Grading Scale

98-100 = A+ | 94-97 = A | 90-93 = A- | 86-89 = B+ | 82-85 = B | 78-81 = B- | 74-77 = C+ | 70-73 = C | 60-69 = D | 0-59 = E

Recommended Reading

Movement for Actors 2nd Edition edited by Nicole Potter

The Moving Body by Jacques Lecoq

The Viewpoints Book by Anne Bogart & Tina Landau

Course Calendar (subject to change)

Date	Class Content	What's Due
Week 1 - Intro		
Aug 22	Welcome, review syllabus, Charter	N/A
Aug 24	Consent practice	Survey due Read: The Art of Texting While Walking
Week 2 - Lecoq Neutrality & Somatics Relaxation		
Aug 29	Neutral body, Relaxation	Read: The Feldenkrais Method
Aug 31	Neutral body	Read: The Moving Body - Neutrality Watch: Crutch
Week 3 - Lecoq Neutrality		
Sept 5	No Class - Labor Day	
Sept 7	Neutral body	The Journey Performance
Week 4 - Acrobatics		

Sept 12	Rolls, headstand, handstand	Read: Teaching Charlie Chaplin How to Walk Watch: Headstand
Sept 14	Counterbalance	Watch: Counterbalance Watch: Charlie Chaplin Modern Times
Week 5 - Body in Space		
Sept 19	Viewpoints	Read: The Viewpoints Book Chapter 2
Sept 21	Viewpoints	Watch: Falling and Loving
Week 6 - Embodied Imagery		
Sept 26	Butoh	Read: Embodying Imagination Watch: Body on the Edge of Crisis
Sept 28	Butoh	Watch: Shira Hime Ryu
Week 7 - Embodied Imagery		
Oct 3	Butoh	Flower Performance
Oct 5	No Class - Yom Kippur	
Week 8 - Laban		
Oct 10	No Class - Fall Break	
Oct 12	Laban Guest Instructor - Becca Levy	Read: An Introduction to Laban Movement Analysis
Week 9 - Lecoq Elements		
Oct 17	Elements	Read: The Moving Body - Identification with the natural world
Oct 19	Elements	Watch: TBD
Week 10 - Adding Text		
Oct 24	Element characters	Monologues memorized
Oct 26	Elements	Element Monologue

Week 11 - Specificity of gesture		
Oct 31	Biomechanics	Read: Biomechanics Watch: Physical Training
Nov 2	Mime	Watch: Le Double Take
Week 12 - Stage combat		
Nov 7	Stage Combat Guest Instructor - David Barker	Read: Stage Combat
Nov 9	Mini combat scenes	
Week 13 - Adding Objects		
Nov 14	Object work	Watch: George Carl
Nov 16	Props	Watch: The Regard of Flight
Week 14 - Objects		
Nov 21	Work Day	
Nov 23		Object Performance
Week 15 - Synthesis		
Nov 28	Concept review	
Nov 30	Work Day	
Finals Week		
Dec 7, 9:50-11:40am		Embodied Monologue

Other Resources:

Website for ASU School of Music, Dance and Theatre: <https://musicdancetheatre.asu.edu>

Auditions for ASU MDT Season: Weekly Spotlights newsletter/FAC Callboard

Local auditions: <http://www.durantcom.com>

Reserve a rehearsal space:

https://docs.google.com/forms/d/e/1FAIpQLSeQwLOafBkWUkzsDGID0-ZIR2we7GNxmZAXzj-_ObYAWliq2g/viewform

Academic Dishonesty

All necessary and appropriate sanctions will be issued to all parties involved with plagiarizing any and all course work. Plagiarism and any other form of academic dishonesty that is in

violation of the Student Code of Conduct will not be tolerated. ASU Student Academic Integrity Policy: <https://www.asu.edu/aad/manuals/acd/studentacint.html>

Threatening Behavior

ASU has a policy against threatening behavior, per the Student Services Manual, SSM 104–02, “Handling Disruptive, Threatening, or Violent Individuals on Campus.”

<https://www.asu.edu/aad/manuals/ssm/ssm104-02.html>

Special Accommodations

Any student needing a special course-related accommodation due to a physical and/or learning impairment should bring this to the attention of the instructor with appropriate documentation within the first week of class so that learning needs can be addressed effectively. Students must contact the ASU Disability Resource Center to document a disability. Accommodations may be difficult to be made retroactively. 480-965-1234 <http://www.asu.edu/studentaffairs/ed/drc/#>

Counseling Services

ASU Counseling Services offers professional confidential, time-limited, counseling and crisis services for students experiencing emotional concerns, problems in adjusting, and other factors that affect their ability to achieve their academic and personal goals. We will talk with you, help you identify solutions or support, and connect you with those services at ASU or in the community. PLEASE REACH OUT FOR HELP IF YOU NEED IT. DO NOT BE SILENT.

- <https://eoss.asu.edu/counseling>
- Downtown Phoenix: 602-496-1155
- Polytechnic: 480-727-1255
- Tempe: 480-965-6146
- West: 602-543-8125
- After-hours/weekends: Call EMPACT’s 24-hour ASU-dedicated crisis hotline: 480-921-1006

Discrimination

Title IX and Mandated Reporter Policy: Title IX is a federal law that provides that no person be excluded on the basis of sex from participation in, be denied benefits of, or be subjected to discrimination under any education program or activity. Both Title IX and university policy make clear that sexual violence and harassment based on sex is prohibited. An individual who believes they have been subjected to sexual violence or harassed on the basis of sex can seek support, including counseling and academic support, from the university. If you or someone you know has been harassed on the basis of sex or sexually assaulted, you can find information and resources at <https://sexualviolenceprevention.asu.edu/faqs>

Inclusion

This course welcomes all students regardless of race/ethnicity, gender identities, gender expressions, sexual orientation, socio-economic status, age, disabilities, religion, regional background, Veteran status, citizenship status, nationality and other diverse identities that we each bring to class. Each of us bear perspectives that are born out of our backgrounds and identities, and each of us has a contribution to make towards our culture of inclusion.

Here are resources available to all students to report incidents of bias, harassment, and other forms of discrimination inside and outside the classroom:

- Unsure of whether the concern you experience or witness falls under the criteria of bias, harassment, and other forms of discrimination? You can fill out the Herberger Institute Community of Care form at herbergerinstitute.asu.edu/caring. One of the members of the Herberger Institute Behavioral Response Team will connect with you.
- Anyone who believes that they have been subjected to discrimination, harassment, or retaliation in violation of this policy, or who believes that this policy has been violated, should report the matter immediately to the Office of University Rights and Responsibilities or the Dean of Students office or directly fill out an incident report.